**NURSE-FAMILY PARTNERSHIP® (NFP)**
**SOUTH CAROLINA NURSE-FAMILY PARTNERSHIP (SC-NFP)**

**Short Summary**
NFP/SC-NFP is an evidence-based, community health program that uses nurse home visits to help transform the lives of low-income, first-time parents and their children. The goals are to strive for long-term family improvements in health, education, and economic self-sufficiency. NFP/SC-NFP helps change the lives of vulnerable first-time moms and their babies through ongoing home visits from registered nurses. The partnership pairs registered nurses with low-income, first-time mothers for home visits from pregnancy until the child turns two. Mothers voluntarily enroll in the free program.

In South Carolina, the program is offered in eight counties. As of Spring 2010, sites had enrolled almost 500 mothers, welcomed 233 babies, and conducted more than 900 site visits.

**Demographics**
- **Target Settings:** Urban, suburban, rural
- **Target Groups Served:** Low income, 10-16 year-old first time pregnant girls
- **Schools/Districts Served:** Berkley, Charleston, Dorchester, Spartanburg, Anderson, Greenville, Lexington and Richland

**Program Resources**
- **Annual Cost:** Varies by site and the number of nurses involved
- **Funding Sources:** Duke Endowment; Blue Cross Blue Shield; SC First Steps; Federal Grant; Community Donors; Hospitals and Health Departments
- **Staffing Needs:** Nurses
- **Infrastructure/Equipment Needs:** Offices for nurses, supplies, administrative support
- **Partner Organizations:** SC First Steps; SC Department of Health and Environmental Control; The Children’s Trust of SC, BlueCross BlueShield of South Carolina Foundation

**Research and Evaluation**
*The development of program/initiative is based on/grounded in what research? Describe the evidence that shows the program/initiative works. Description of data collection and analysis should be included.*

This evidence-based community health program has proven results including long-term family improvements in health, education and economic self-sufficiency. Three national trials – randomly done in 1977, 1988 and 1994 demonstrated that this program reduces risks for early antisocial behavior and prevents problems associated with youth crime and delinquency. As of Spring 2010, South Carolina had only had the programs for two years, and evaluation is in process.

For general information on research and evaluation, please see http://www.nursefamilypartnership.org/proven-results and

For detailed findings on the three randomized, controlled trials of the Nurse-Family Partnership model, please refer to http://www.nursefamilypartnership.org/Proven-Results/Published-research.

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http://www.nursefamilypartnership.org/locations/South-Carolina